

Opération tournesol

USE CONTAINERS FROM HOME!

This year, Operation Tournesol is focusing on the recovery and reuse of plastic waste by encouraging you to use your own containers to carry out this beautiful project. You will find that several options are available to you... at your fingertips, directly in your recycling bin!

Why reuse a container from home to grow your sunflowers? It's simple and a great opportunity to discuss the concept of reuse with young people!

Preferred containers



A LITTLE ADVICE

Suggest similar containers for all students! This will ensure that you have enough soil to fill them all and will help monitoring the plants' progression later on.

The best choices

- **FETA OR BOCCONCINI CHEESE CONTAINERS (200 g)**
Make holes underneath and fill 2/3 with potting soil.
- **YOGURT OR COTTAGE CHEESE CONTAINERS (500 g)**
Make holes underneath and fill 2/3 with potting soil.
- **SOUR CREAM CONTAINERS (500 ml)**
Make holes underneath and fill 2/3 with potting soil.

Needing a cut

- **YOGURT JARS (750 g)**
Cut the jars in half and use the bottom part. Make holes underneath and fill 3/4 with potting soil.
- **MILK CARTONS (1 L)**
Cut the milk cartons at 4 inches from the bottom. Make holes underneath and fill 3/4 with potting soil.

Requiring subsequent transplantation

- **EGG BOXES**
Fill the cavities of an egg box with potting soil. However, the shoots will need to be transplanted into a larger pot after a few weeks.
- **YOGURT JARS (100 g)**
Make holes underneath and fill with potting soil. However, the shoots will need to be transplanted into a larger pot after a few weeks.



FOR EVEN MORE FUN!

Plan an arts and crafts activity before planting and invite your students to decorate their pot to make it more attractive!